

MARIST BROTHERS LINMEYER



Throughout September, our Junior Councillors have been raising awareness around mental health and the importance of looking out for one another.

Mental health is not always an easy topic to speak about, but creating space for honest conversations, compassion and support is important. As part of their awareness initiative, our Junior Councillors, Kyra Gomes (Grade 11) and Orifha Mavhungu (Grade 11) shared a thoughtful message with the community, encouraging us to check in with those around us and more importantly, to truly listen.

A Message from Our Junior Councillors